

Here's a great way to involve your PWOC in thinking more about The Cross... **a prayer walk.**  
Try it for several weeks in a row to let your ladies go at their leisure during the hours of PWOC.

**Welcome: Instruction**



**Station 4: Communion**



**Station 1: Confession Forgiveness**



**Station 5: The Cross**



**Station 2: Prayer Wall**



**Station 6 & 7: Salvation for Others**



**Station 3: Servanthood**



# **WELCOME**

**Welcome to a wonderful,  
life-changing,  
Spirit-filled experience.**

**Spend as much time as you  
like and listen to what  
God is saying to you!**

**May His Presence rest upon  
you as you pray!**

**Instructions:**

Begin at the back of the sanctuary.

Work your way forward to the cross.

Stop at each station and follow the instructions as you go.

Finally you will exit out the back door and into the fellowship hall or to your class.

God bless you!



# STATION 1

## CONFESSION and FORGIVENESS

### “AS YOU PRAY”

#### **Confession:**

Spend time seeking God’s Presence as you confess your sins and seek forgiveness and cleansing. To illustrate this cleansing, wash your hands in this bowl of water.

We must confess our sins to God and even to each other. God cannot move His Presence into our “space” until we admit and submit our biggest and smallest obstacles to Him.

“Draw near to God and He will draw near to you. Cleanse your hands you sinners and purify your hearts, you double minded.” – James 4:8

“If we confess our sins to Him, He can be depended on to forgive us and to cleanse us from every wrong.” – 1 John 1:9

#### **Forgiveness:**

To forgive others for what they have done to us is a testimony of the power of God in our lives. We must forgive those who have hurts us in our present, as well as our past whether they are even alive, whether they even know they hurt you, whether we ever verbalize our hurt to them.

“...forgive us our sins, as we forgive those who sin against us.” – Matthew 6:12



## **STATION 2**

# **WALL OF PRAYER**

### **“AS YOU PRAY”**

**Write as many needs as you have.**

**Record Scriptures of praise, verses of promise and words of thanksgiving.**

**Place them on the wall, for all who come, to join you in what God is going to and has done.**

**“If my people will humble themselves and pray, and search for me, and turn from their wicked ways, I will hear them from heaven and forgive their sins and heal their land...I will listen wide awake, to every prayer made in this place. For I have chosen this place and sanctified it to be my home forever; my eyes and my heart shall always be here.”**

**- II Chronicles 7:14-16**



## **STATION 3**

# **SERVANTHOOD**

**“AS YOU PRAY”**

**Touch the towel.**

**Spend time thinking of how Jesus became the lowest servant of the household – the foot washer – to be an example of how we are to serve our brothers and sisters in the body of Christ – our church family.**

**What are some ways we can improve our service to each other?**

**“If I then washed your feet, you also ought to wash one another’s feet” - Jesus**



## STATION 4

# COMMUNION

**“AS YOU PRAY”**

Break the Bread (Matzo)

Dip it into the juice, and eat it.

Remember the sacrifice Jesus made for us. It was our sin that brought Him to death.

This was the last meal Jesus had with His disciples before He went to the cross.

“The wages of sin is death, but the free gift of God is eternal life through Jesus Christ, our Lord.” – Romans 6:23

Let this be a cleansing time of reflection.



**STATION 5**  
**THE CROSS**

**“AS YOU PRAY”**

Touch the nails

Touch the thorns and think of the pain, the disgrace, and the blood shed for our sins

“And when before the throne I stand in Him complete, - “Jesus died my soul to save” – My lips shall still repeat. Jesus paid it all, all to Him I owe. Sin had left a crimson stain – He washed it white as snow.”



**STATION 6**  
**SALVATION FOR OTHERS**

**“AS YOU PRAY”**

Think of those you know that do not know Christ as their Savior and Lord

Write their names on a card

Drop a few scents of oil as a sweet smelling reminder that our prayers are as sweet smelling fragrance to God

Take the card with you as you make a commitment to pray for the people you've written on the card that they too may know the joy of Jesus Christ as their Savior.



## STATION 7

# COMMITMENT

### **“AS YOU PRAY”**

You will find a statement of commitment on the table.

Read it and pray over these words

A commitment to Jesus means “Jesus is my Master”.

If and only if you can say that this is your commitment –

- 1) Take the sheet and rip it up as a symbol of your full commitment to Jesus Christ.
- 2) Then sign the card, date it and take it with you to be a reminder always that you are now a follower of Christ.

**Go into the world, and make disciples ... love as Jesus loved, serve as Jesus served, forgive others as He forgives us.**

Everything I once thought was important (success, money, career, education, right spouse, right friends, etc.)...I am tearing these things because of Christ. I give up all that inferior stuff so that I may know Jesus personally, experience the power that He has, be a partner in His suffering and go ALL THE WAY with Him ... Philippians 3:7-12

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*So here's what I want you to do, God helping you: Take your everyday, ordinary life—your sleeping, eating, going-to-work, and walking-around life—and place it before God as an offering. Embracing what God does for you is the best thing you can do for him. Don't become so well-adjusted to your culture that you fit into it without even thinking. Instead, fix your attention on God. You'll be changed from the inside out. Readily recognize what he wants from you, and quickly respond to it. Unlike the culture around you, always dragging you down to its level of immaturity, God brings the best out of you, develops well-formed maturity in you. Romans 12:1-2 (The Message)*

I make the commitment today to place my life before God and follow His ways.

Date and sign:

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